Maandag

Veld/tijd	15:00				16:00				17:00				18:00				19:00				20:00				21:00				22:00			
	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45
Veld A1					<5										JO11-1+2+3																	
Veld A2															JO11-1+2+3																	
Veld B1					JO9-1								Circuittraining																			
Veld B2													Circuittraining				JO14-1															
Veld C1																																
Veld C2																																

Dinsdag

Veld/tijd	15:00				16:00				17:00				18:00				19:00				20:00				21:00				22:00			
	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45
Veld A1									JO12-1						JO19-1						Spartanen selectie											
Veld A2														JO17-1							Spartanen selectie											
Veld B1															JO13-1						Spartanen selectie											
Veld B2													JO15-1				MO13						Spartanen 5									
Veld C1																																
Veld C2																																

Woensdag

Veld/tijd	15:00				16:00				17:00				18:00				19:00				20:00				21:00				22:00			
	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45
Veld A1							MINIS - JO7				JO13-2						MO20															
Veld A2							MINIS - JO7						JO10-3				JO14-1															
Veld B1									JO10-2				JO9-2				JO11-1+2+3				JO17-2											
Veld B2									JO9-1								JO11-1+2+3															
Veld C1																																
Veld C2																																

Donderdag

Veld/tijd	15:00				16:00				17:00				18:00				19:00				20:00				21:00				22:00			
	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45
Veld A1															JO19-1						Spartanen selectie											
Veld A2														JO17-1							Spartanen selectie											
Veld B1															JO13-1						Overige Senioren											
Veld B2													JO15-1				MO13				Overige Senioren											
Veld C1																																
Veld C2																																

Vrijdag

Veld/tijd	15:00				16:00				17:00				18:00				19:00				20:00				21:00				22:00			
	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45	:00	:15	:30	:45
Veld A1							JO9-3																									
Veld A2	Keeperstraining																															
Veld B1																					Spartanen VR 35+											
Veld B2																																
Veld C1																																
Veld C2																																